

天主教輔仁大學英國語文學系學士班畢業成果
ENGLISH DEPARTMENT, FU JEN CATHOLIC UNIVERSITY
GRADUATION PROJECT 2019

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真善美聖

Sports Revolution: Rugby and American Football

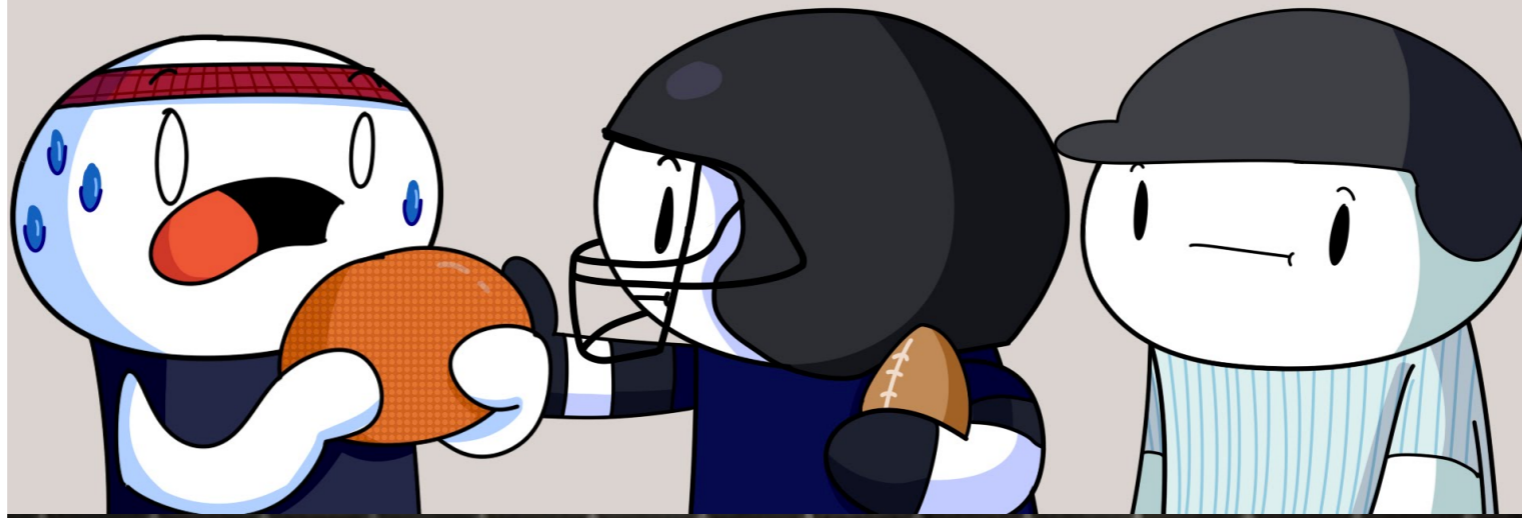
學生：鍾明哲撰

Leslie Ming-Je Chung

RUGBY AND AMERICAN FOOTBALL

Sports Revolution

SPORTS



Leslie Chung 404110847

Rugby vs American Football



Rugby History



What is rugby?

Who invented rugby?

When is rugby firstly introduced?

Where did rugby originally come from?

William Webb Ellis





Quiz 1

Who is this awesome looking dude on the statue?

- A. Will Smith
- B. William Webb Ellis
- C. Bill Gates
- D. Bob the builder

Check Answer

Football History

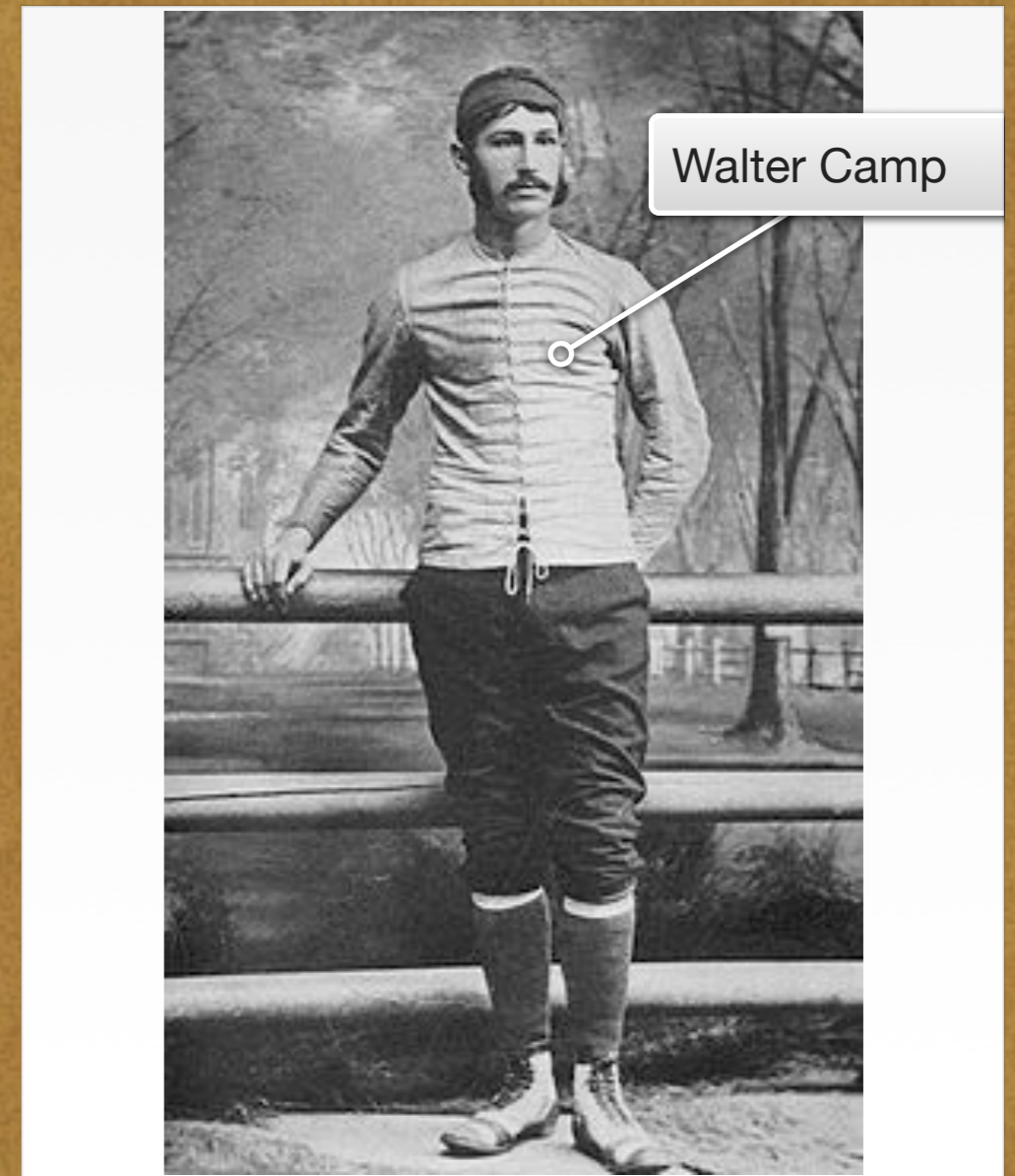


What is American Football?

Who invented American Football?

When is American Football firstly introduced?

Where did American Football originally come from?





Quiz 2

Walter Camp is known as

The _____ of American Football

- A.** Man
- B.** God
- C.** Pope
- D.** Father

Check Answer

Rugby Union

Diagram 1.1 Rugby Plays



Rugby is a sport that can be played by all age groups.



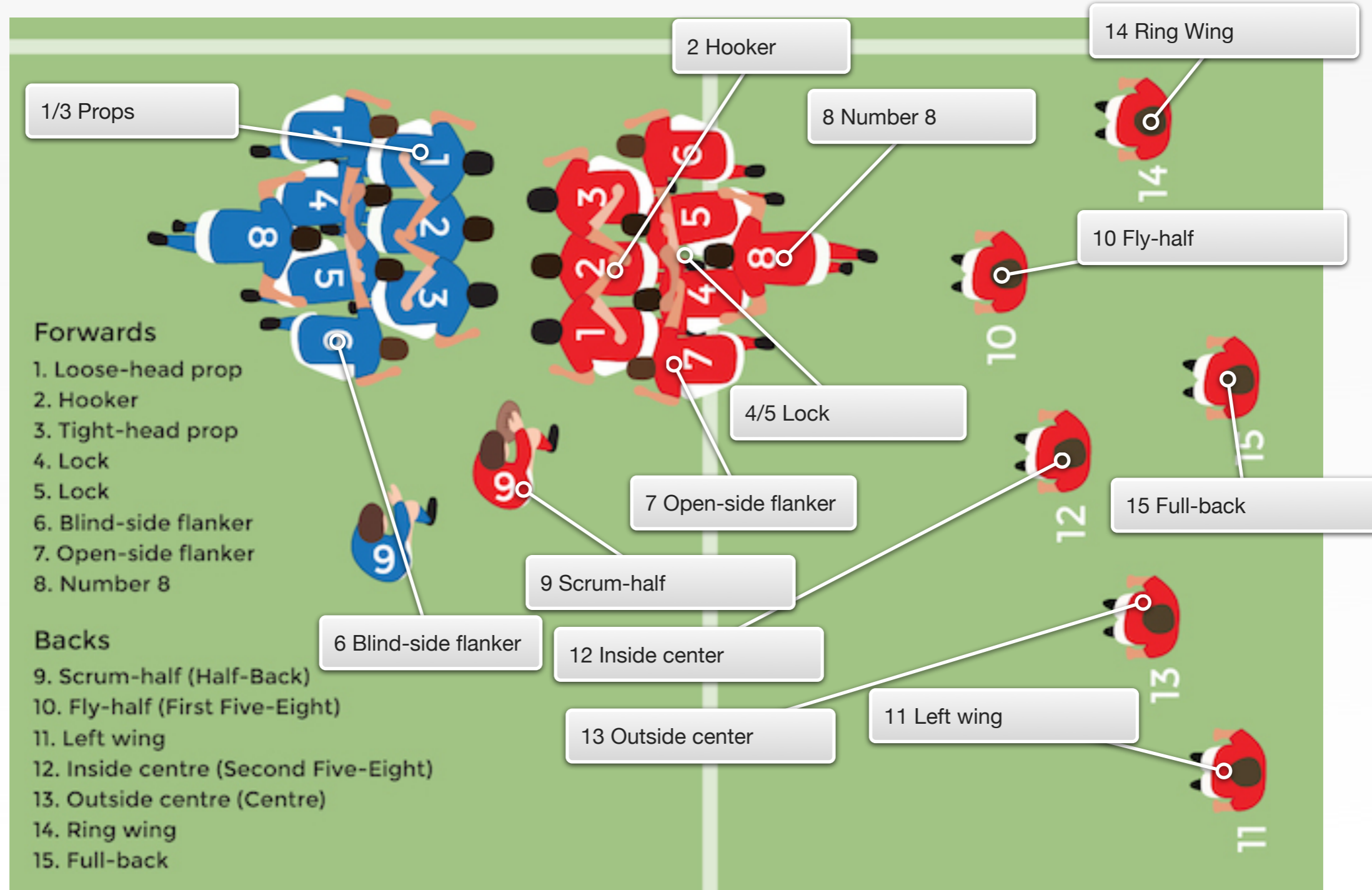
Rugby usually refers to rugby union or sometimes rugby league, which are both team sports, rugby union originating at Rugby School in Rugby, Warwickshire, and rugby league originating in Huddersfield, West Yorkshire after splitting and forming the Northern Union in 1896 (what is now known as rugby league). Rugby football (both league and union) is one of many versions of football played at English public schools in the 19th century. Although rugby league initially used rugby union rules, they are now wholly separate sports. In addition to the two existing codes, both codes of Grid-iron football (American football and Canadian football) have evolved from rugby football, but themselves also completely different sports altogether.



What is a scrum?



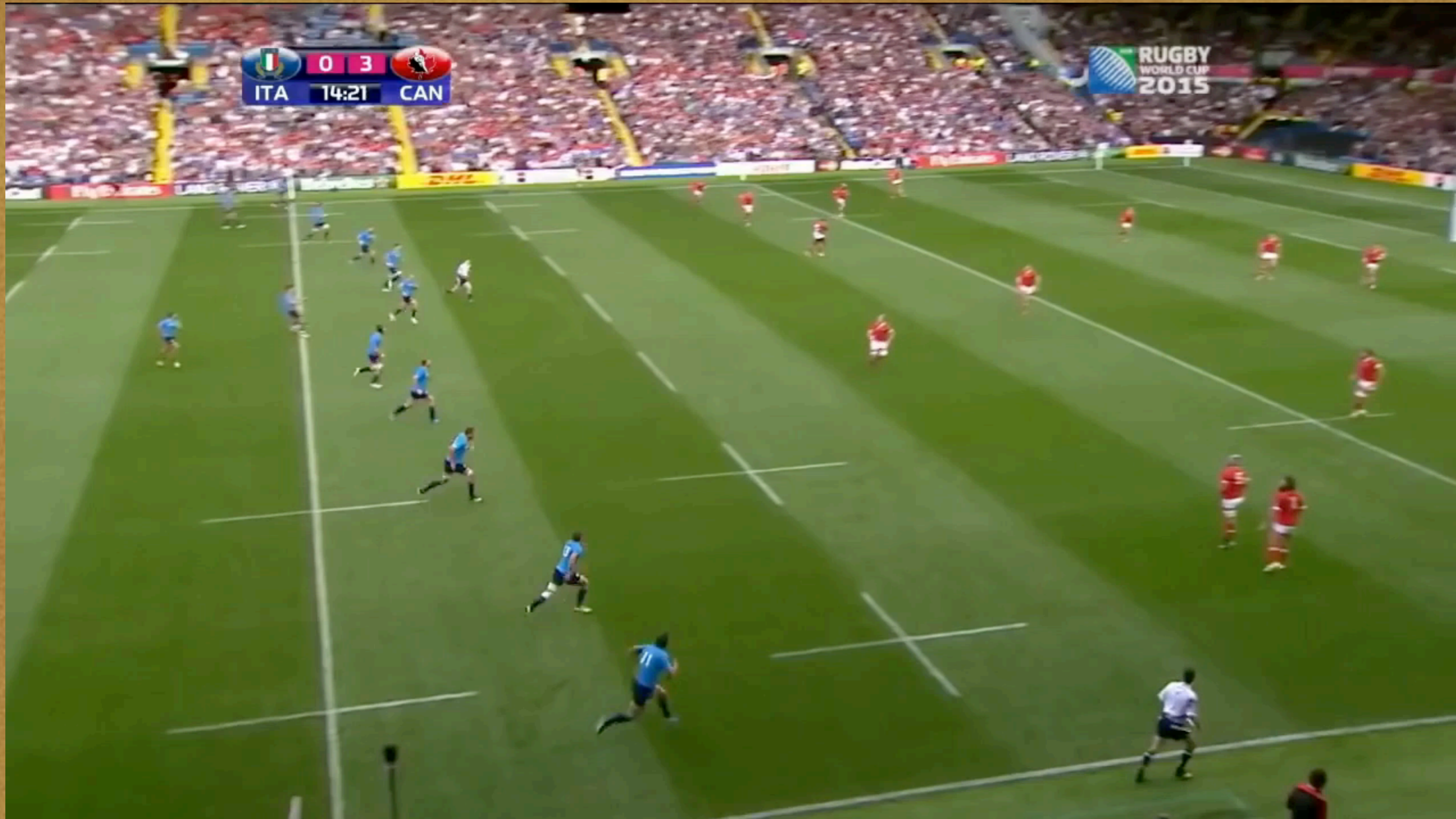
Positions 1.2 Rugby Scrum Positions



Video 1. Rugby championship - Argentina Puma vs New Zealand All Blacks



Video 2. Rugby Highlights



All Blacks - Highlights Youtube Source

Ball Comparison



A rugby ball, originally called a quanco, is a diamond shape ball used for easier passing. Richard Lindon and Bernardo Solano started making balls for Rugby

school out of hand stitched, four-panel, leather casings and pigs' bladders. The rugby ball's distinctive shape is supposedly due to the pig's bladder, although early balls were more plumb-shape than oval. The balls varied in size in the beginning depending upon how

DIAMOND SHAPED RUGBY

1. Diamond shaped ball made it easier to spin the ball
2. Spinning the ball can prevent it from moving away from the target you are throwing at.
3. Most of the Rugby professional leagues use Adidas, Gilbert, Mitre or Webb Ellis manufactured balls.



Quiz 3



Which ball has the shape of a diamond?

- A.** Rugby ball
- B.** American Football ball
- C.** Tennis ball
- D.** Golf ball

Check Answer

GEAR / OVERALL STATISTICS

AMERICAN FOOTBALL V RUGBY



Equipment

Helmet
Face Guard
Full Shoulder Pads
Upper Arm Pads
Elbow Pads

Fibreglass Gloves
Rib Pads
Hip/Tailbone Pads
Thigh Pads
Knee Pads
Boots
Shirt
Long Pants
Socks

Skull Cap (Optional)
Gum Shield (Optional)
Light Pads (Optional)
Shirt
Shorts

Socks
Boots

Average Actual Time Played Per Game

Aprox 11 Mins

Aprox 36 Mins

Both sports are played by men with odd shaped balls...

...but only one set of players actually has any.

FOOTBALL



lace
brown pebbled leather

FOOTBALL



non-breakable plastic helmet
face guard



shoulder pad



chest protector



elbow pad

tail bone pad



rib pad

pants

hip pad



fingerless glove



stud



thigh pad



knee pad

RUGBY



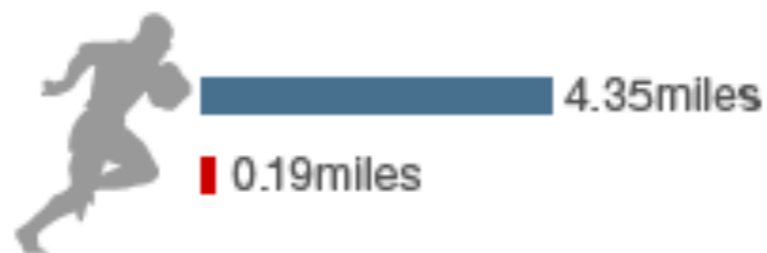
Sizing up rugby v American football

■ Rugby ■ American football

Average size



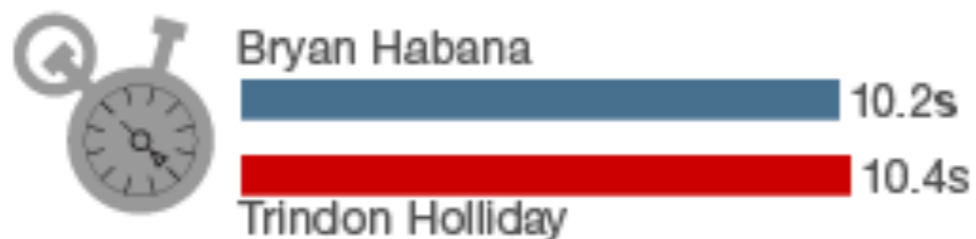
Average distance covered in a game



Strength (bench press)



Top speeds over 100m



Top annual salaries



Source: Pro Football Museum, NFL, Telegraph, Sale Sharks RFC, Dept Sports Science at Glamorgan University, CBS Sports



National Football League

VS



Rugby League



700 lbs - 318 kg



495 lbs - 225 kg



Hong Kong Sevens - USA vs England



WORLD RUGBY™
HSBC 
SEVENS SERIES

Famous wing - Perry Baker

Quiz 4



Which position requires the most speed?

- A.** Hooker
- B.** Fly-half
- C.** Props
- D.** Wings

Check Answer

The End

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3D 動畫電子書之教學應用

17 January 2018

Reflection on Course

This year, I took the course to learn about the application 'iBook author' to be able to create an iBook on my own. I would say that I found the course to be one of the most interesting course I have taken throughout the semester, we have learned so many different applications and different techniques to aid and design our iBook. However, the only down side is that the applications are limited to mac users, so people without MacBook's will not be able to enjoy the techniques they learned during their leisure time.

This course has taught me how to properly use the applications called "SketchUp" and "CrazyTalk". SketchUp is a 3D modeling computer program for a wide range of drawing applications such as architectural, interior design, landscape architecture, civil and mechanical engineering. As for CrazyTalk, it is the world's most popular facial animation software that uses voice and text to vividly animate facial images. Additionally, before stepping into the English department, civil engineering was my second-best choice due to my interest. With the knowledge of those applications, I can now create and design small projects on my own without the need to enter another course that might cost me time and money, therefore it can really benefit my future if my future career is related to designing.

Originally, I signed up for the course due to my own interest, but later on I found out that the course contains a lot more than just learning the apps. It allows me to use an innovative way to teach my peers on a specific subject with the aid of iBook. Moreover, I realized the trend of kids trying to learn tablets during middle school and it has shocked me how fast the community has evolved. The course not only helps me improve my skills on teaching but also prepares me for the course that I am taking next year which involves English teaching in Guo-Tai elementary school.

Overall, I believe that the class has benefit me in many different ways and I truly enjoyed the course and the skills that the teacher brought us. I would definitely recommend this course to everyone in the future if they are interested in English teaching.