## ENGLISH DEPARTMENT, FU JEN CATHOLIC UNIVERSITY GRADUATION PROJECT 2016

# Learning Outcome Demonstration: Ways for FJU Eng. Students to Lead a Healthy Lifestyle by Exercising

Technology-Assisted Instruction & Presentation



### Learning Outcome Demonstration

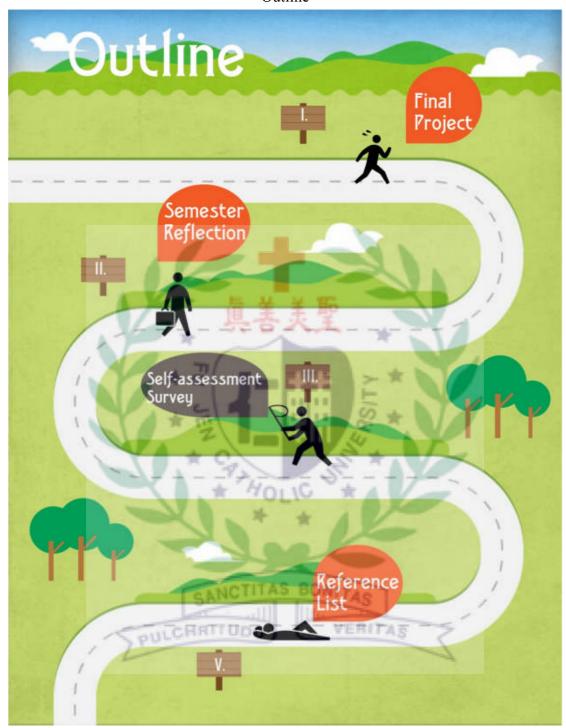


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Ways for FJU Eng. Students to Lead a Healthy Lifestyle by Exercising

#### Outline



#### I. Final Project

#### A. Protective Gears



This part is about the protective gears, which is put after we introduce the outfits for exercise. I am responsible for introducing some useful protective gears, and these are the protective gears which I really own for playing basketball. This poster was made by Easelly and put on the PowerPoint slide by downloading it as a JPEG format.

#### B. Girls' Basketball Team Drills



After Vivian introduced how girls' basketball team was formed and when they practice time is, I will move on to the content of their practice. This PowerPoint Slide was made to introduce the drills practiced in the girls' basketball team in FJU Eng. Department. Although this slide was made by PowerPoint, I used Xmind to briefly arrange the content beforehand.



#### C. 7 Minute Workout



This is the very last part of our presentation, in which Vivian and I introduce some useful apps with which we can do some easy exercise at home. In this slide I briefly teach our classmates how we can access this app, the functions of it, and also the limits of using it for free. This slide was made by Easelly as well.

#### II. Semester Reflection

Week	Reflection	Difficulties encountered & solved
1-2	It is the very first class of this course. I chose this course because I had to pass the graduation benchmark. I failed to pass my CCII in my sophomore year, so I need to take one course to finish my learning outcome demonstration. At first I thought it is a course for BA students, but I just knew that it is a course for MA students, which made me a little bit nervous. However, the first	X
3-4	Ease.ly is really a useful tool for use to design a poster. It is user-friendly and it provides several vhemes for different topics of presentations.  However, I think the functions of it still have a lot be desired. For examples, there are not enough settings I can do for the images I upload to the poster. But all in all it is still a good website for us, for it is free.	X
5-6	Today (week 5) we cover many ways of interaction in class in terms of LMS. When we are talking about the VOIP part, an experience of applying it to learning came into my mind. It was Professor Kate's course called Postmodern City Films. In some projects of that course, we have to use Joinnet with the professor, discussing about our projects before finishing them. It is the first and the only time I use VOIP in college. However, although we had so many students in one discussing rooms (about 6), the speed of the network went really smoothly. ( the exact word of it is mentioned in today class, but now I only remember the word starts with "b") It was quite an interesting experience.  Today (week 6) I use Xmind to produce the chart of comparison and contrast between moodle and iCan. In my freshman year, Professor Sherri once introduced us this software to do the brainstorming.	X

I found it would be more efficient to produce the chart with this Xmind than produce it with Word or Excel. However, after I finished editing the chart, I couldn't export the chart into other format such as jpeg or pdf file because the Xmind that our school applies is not an authorized version. (Probably? I'm not sure.) Therefore, I could only screenshot the chart and use 小畫家 to save the chart into a jpeg file.

7-8 I especially like these two weeks, because the software we talk about these two weeks are so useful. The Million Singer was what I found last year when we were preparing for the Freshman Camp, but we really played it in the English Camp this year. Audacity was also what I used then since I needed to edit the songs. However, I think the group who taught us Audacity covered too many details.

Technical: The monitor (screen) in our computer room is not allowed for us to use "extended" function. Although this problem cannot be fixed, we still can demonstrate this app.

9-11 We decided to use Skype to conduct the discussion.

However, when we began the discussion, we encountered some technical problems that Sharon failed to add us to the chat group and that we couldn't hear what Alan said. Then, we finally overcame these problems and started the discussion.

Overall, the discussion went smoothly.

Speaking of what we covered in week 9 and 11, I somehow felt that the software we were taught was mainly about games. Also, this week (week 11) there are some technical problems happening in class. It is a pity that we couldn't really practice the software that Lillian's group teaches us.

Technical: 1. Sharon added us to the chat room but we did not see the invitation. 2. We could not hear what Alan said in the chat room.

After all of us closed Skype and opened it again, the first problem was solved. I do not know how Alan fixed his problem, but anyway he overcame his problem after all.

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from copyright problems. Instead, it also creates some extra problems. First, as long as we apply it to a work, it cannot be revoked afterwards. Second, CC licenses do not limit "fair use" provisions of US copyright law. In that way, the one who has the right to use our works then have the same rights as we do. Last but do least, they are mostly used or dominated by the leading knowledge-based institutions, which actually does not mean a lot for those who are not familiar with CC licenses. In spite of these problems, the author still holds positive effects on copyrights and thinks that it can help solve many problems.

14-15 Last week, we briefly talked about our final group.

It is last week that I knew each of our group
members should use at least 3 apps in our
presentations, instead of at least for the whole
group.

This week QDA was introduced in class. I haven't really used this application, but I think if I have learned it before CC2, it would help me with my RR a lot. Although, I don't know if I still have chance to use this application, it sounds like a good one to help us with compiling documents.

16-17 These two weeks we have final project presentations. Since Jusin and I had some personal reasons that we had to leave the class earlier, we chose to be the first presenting group. The presentation went quite smoothly. I was satisfied with our presentation because our topic is closely related to our daily lives, especially for English Department students.

Apart from our own presentation, I enjoyed other groups' presentations as well. For Yan's group, their topic is interesting for me compared to other groups' presentations. The most astonishing part for me is the part Cherry was in charge of. She used an app which is similar to Prezi to help her story

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